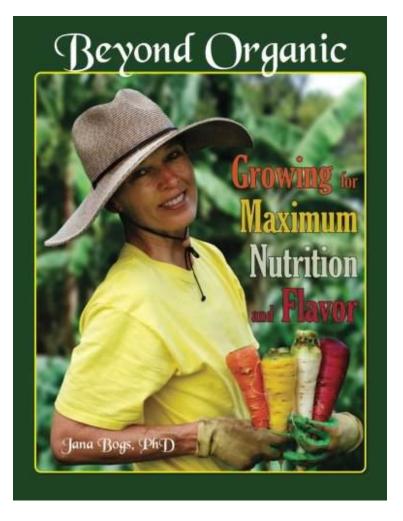
Beyond Organic: Growing for Maximum Nutrition and Flavor



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was reading someones marketing talk to encourage me to test my soil Most of what was in the book is easily referenced on line and or in other sources and basically it all came down to tell NOTE This is the black white version of the book There is also a full color version available https www amazon com Beyond Organic Growing Maximum Nutrition dp 0615957005 Our foods have lost up to 70 of some nutrients in the last 70 years Even organic foods have little more nutrient density than those conventionally grown This loss of nutrition may explain our increasing health concerns Whatever your goals and dreams in life all will be more easi About the Author Dr Jana Bogs is a nutritionist BSci who became a horticulturist PhD to grow the best food possible Now she is introducing a new paradigm to the worlds of agriculture and nutrition by going Beyond Organic to Nutrition Grown in the quest for

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