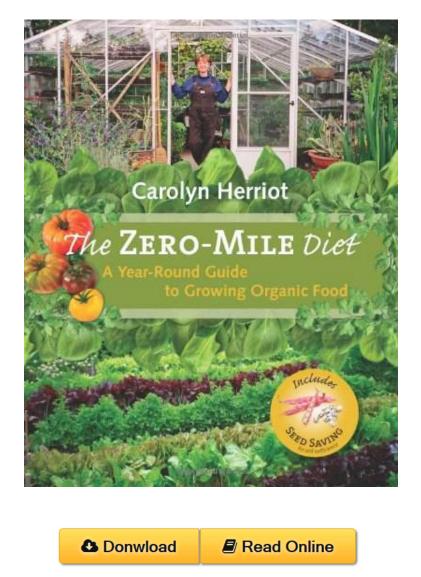
The Zero-Mile Diet: A Year-Round Guide to Growing Organic Food



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