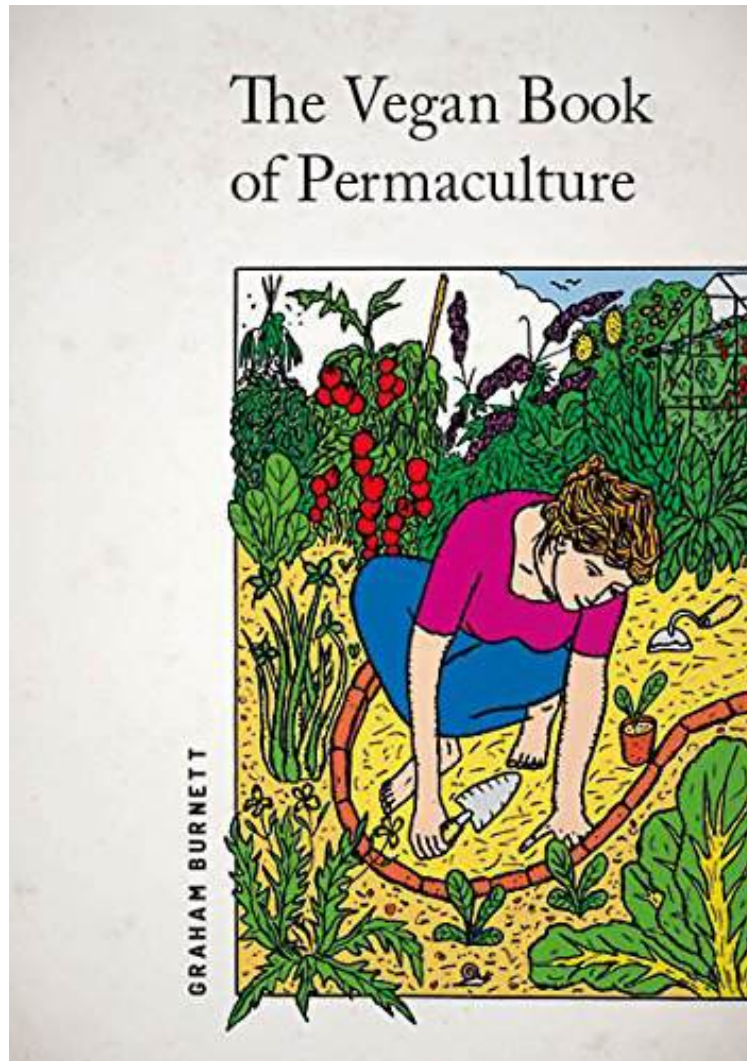


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# The Vegan Book of Permaculture: Recipes for Healthy Eating and Earthright Living

By Graham Burnett

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the book and the recipes it offers Great work 12 of 12 review helpful Permaculture without using animals and a vegan book that doesn't preach What's not to love By Burra Maluca I was thrilled to hear that a book on vegan permaculture was being written How we eat is such a fundamental part of what we are yet in our present time poor culture of prepackaged fast foods food can become an expensive symptom of alienation and disempowerment It doesn't have to be this way The Vegan Book of Permaculture gives us the tools and confidence to take responsibility for our lives and actions Creating a good meal either for ourselves or to share taking time to prepare fresh wholesome home or locally grown ingredients Both inspirational and practical this book offers us an edible pathway to an ethical and tasty future The fruit of decades of earth right living its presentation of a low impact delicious diet is relevant to all diners and might inform every plate

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